



# Remix Sports Academy Presents

# LITTLE LEGENDS

Welcome to the Little Legends Rep Prep Program, where we cultivate the future stars of basketball. Tailored exclusively for grade 2 and 3 students, this elite program provides exceptional preparation for the 2025/2026 rep basketball season.

**Season:** 2024/2025

**Grades:** 1 to 3

## EVENT DETAILS

**Start Date:** September 19th, 2024

**End Date:** April 10th, 2025

**Practice Schedule:** Thursdays from 6:30 PM to 7:30 PM

**Location:** Upper Canada College 200 Lonsdale Rd, Toronto, ON M4V 1W6

**Sessions:** 26 sessions, 1 hour each

**Cost:** \$35 per session plus tax (total \$1028.30 after tax)

## TRYOUTS

### Rep ID Camp (Optional)

**Dates:** August 6th to August 16th, 2024

**Time:** 9:00 AM to 4:00 PM (Extended care available until 5:00 PM for an additional fee)

**Location:** 851 Mt Pleasant Rd, Toronto, ON M4P 2L5

**Cost:** \$480 plus tax for the first week, \$600 plus tax for the second week (total \$1220.40 plus tax for both weeks)

### Second Tryout

**Dates:** September 7th, 2024

**Time:** 6:00 PM to 8:00 PM

**Location:** HoopDome 75 Carl Hall Rd, Unit 17, North York, ON M3K 289

**Cost:** \$20 plus tax



## WHY CHOOSE LITTLE LEGENDS REP PREP?

Parents and players alike trust our program for its commitment to high standards. We offer a safe, nurturing environment that promotes growth and development. All skill levels are welcome.

Our proven track record speaks volumes, with numerous participants advancing to higher competitive levels. We are dedicated to helping each player realize their full potential. Whether you're preparing for rep basketball or simply want your child to work on his fundamentals, this program is the perfect next step.

Our vision encompasses both athletic excellence and personal growth. Join a community of satisfied clients who have witnessed substantial improvements in their children's skills and confidence.

## PROGRAM BENEFITS

Tony Simms, our President of Basketball Operations, oversees the program. His experienced coaching staff guarantees significant skill enhancement, building both athletic abilities and character.

Investing in this program is a strategic investment in your child's future. It promises an unparalleled training experience designed specifically for young athletes.


Our program offers powerful training sessions that rapidly advance basketball skills. Learn efficient techniques that maximize development.

Our unique approach combines skill development with essential life lessons, offering private coaching insights and personalized feedback.

Discover the insider techniques and little-known secrets of successful basketball players that set our program apart.

This program is the gateway to basketball success. Our premium training equips the next generation of basketball stars. Watch your child excel in our exclusive program.

Our advanced methods yield excellent results, supported by mid-season and end-of-season development reports. With limited enrollment, each participant receives personalized attention.



## SESSION ITINERARY

- 5 minutes:** Welcome and motivational talk by Coach Simms
- 5 minutes:** Stretching and warm-up exercises
- 30 minutes:** Fundamental drills focusing on key basketball skills
- 15 minutes:** Scrimmage to apply learned skills in a game setting
- 5 minutes:** Cool down and packing up

Parents and players are invited to observe the older boys' practice sessions from the balcony, creating an inspiring and educational environment.

## FUNDAMENTAL SKILL FOCUS

Each skill area will be covered in three dedicated sessions, culminating in an end-of-2024 tournament on December 5th. The final four sessions will focus on running plays.

**Shooting      Dribbling      Passing      Defense      Plays**

## PROGRAM IMPACT

The Little Legends Rep Prep Program is meticulously designed to develop a solid foundation in basketball skills, enhance game understanding, and instill essential life skills. Our emphasis on individual skill development, teamwork, and strategic understanding prepares participants to compete at the highest levels.

Observing and learning from older players, Little Legends gain inspiration and insights into advanced training techniques and competitive play. This exposure fosters team chemistry and the discipline needed for future success.

Our life skills component focuses on building confidence, teamwork, responsibility, discipline, respect, and goal setting. This comprehensive approach ensures that young athletes grow not only as basketball players but also as individuals equipped to face challenges both on and off the court.

By participating in the Little Legends Rep Prep Program, your child will be on the right track to join future rep teams at Remix Sports Academy. This program lays the groundwork for them to advance into more competitive teams and further their basketball careers.

If you're looking to prepare for rep basketball or simply want your child to improve their fundamentals, this program is the perfect step.

Don't hesitate to try out and get your child on the road to his hoop dreams. Enroll in the Little Legends Rep Prep Program today and embark on a journey toward becoming skilled, confident, and disciplined young athletes ready to excel.

**Don't miss out. Secure your spot today!**